

PENRITH MOUNTAIN RESCUE TEAM

INDUCTION SYLLABUS AND
PROGRESSION THROUGH TO PROBATION & FULL
TEAM STATUS

- First Aid kit

EXAMPLE INDUCTION ASSESSMENT SHEET

CANDIDATE NAME:	DATE OF ASSESSMENT:
ASSESSMENT TYPE:	
ASSESSORS NAMES:	
RESULT: PASS FAIL DEFER FOR DISCUSSION	
DESCRIPTION OF ASSESSMENT: (include weather/terrain/conditions/start-finish times)	

NAVIGATION	P	F	D	HAZARDS OF STEEP GROUND	P	F	D
Maps, scales and conventional signs				Demonstrate techniques to ensure safe travel through steep and broken ground			
Contours and other methods of showing relief				MEDICAL	P	F	D
Topographical features				Demonstrate understanding of one of the following conditions, their causes, signs, symptoms, prevention and treatment through a scenario (hypothermia/cold-heat injuries/allergic reaction/general medical/basic trauma)			
Measuring distance on the map and the ground				BACKGROUND KNOWLEDGE	P	F	D
Navigating across country with map alone				environmental hazards (loose rock/flood/lightening/selection of water crossing points)			
Compasses and other navigation aids				emergency procedures in the event of an accident			
Methods of identifying features and position				personal equipment required for mountain walks – taking in to account weather and terrain			
Methods of relocation				weather including weather developments associated with different air masses, major cloud forms, changes in wind direction and in atmospheric pressure – with elementary practical identification of cloud types, wind speed and temperatures			
Methods for navigating across country in poor visibility and in darkness				personal and leadership skills, including dynamic risk assessment; positive decision making; and effective communication			
Route planning							

Recommendation